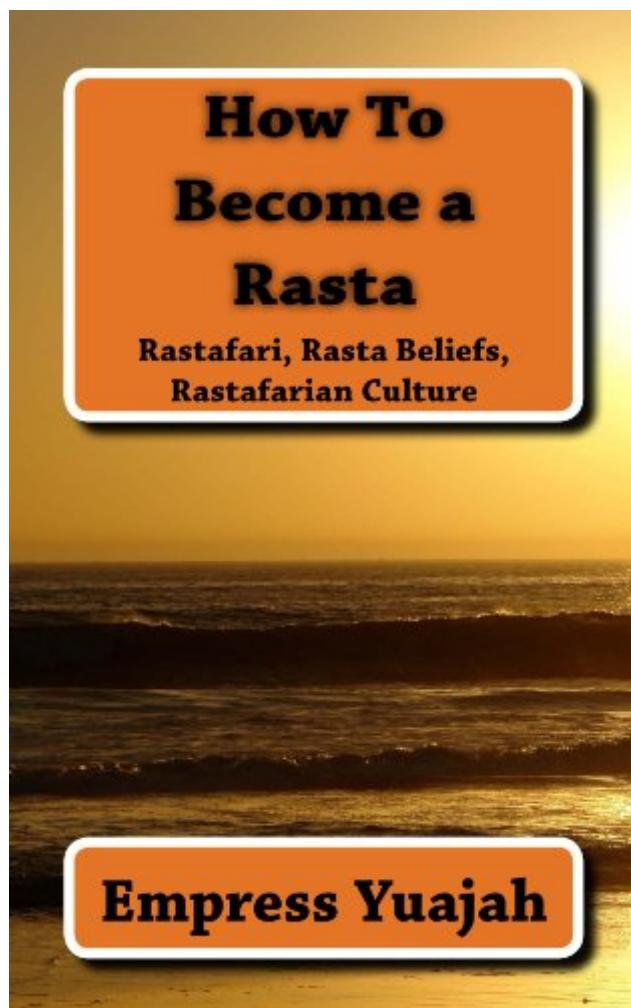


The book was found

How To Become A Rasta: Rastafari, Rasta Beliefs, Rastafarian Culture



Synopsis

Learn the ways of the Rastafarians, How to cook, pray and meditate like a Rasta. Find out what deep Rasta men are not allowed to do. The black King of Ethiopias' (Emperor Haile Selassie) appeal to the leage of Nations. Learn the best way to start your Dreadlocks, based on your hair type, know the meaning of life according to Rastafari. Read this book and my newest book titled "Jah Rastafari" for a complete understanding of how to become a Rasta and the reason Rastafari is a healthy spiritual choice.

Book Information

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Nonfiction > Self-Help > Spiritual

Customer Reviews

Good points and perspectives... I love the honesty and openness in which the author goes through the book. There are some very helpful tips and instructions. However, some of the perspective and rules vary from one Rasta to another.

A very basic outline of the Rasta way of life but it lacks history and the reasons why rastas believe what they believe.

Great beginner book on the road being a rasta, it could have been a little better if they went into detail about the everyday life and rituals of a rasta.

Very informative, I just wish it had more info in it. The information was great but I felt it could have had more.Jah bless

Love it , answer all my question

I would recommend this book for anyone who wants to achieve a closer relationship with God. It's easy to read and understand. The book also provides many examples of how different Rastas follow the written word.

I really found this book interesting! I recommend it to anyone whom is interested in changing the way they live their lives

Great information and great summary of Rasta! This is a great book for people who want to know about the topic.

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